



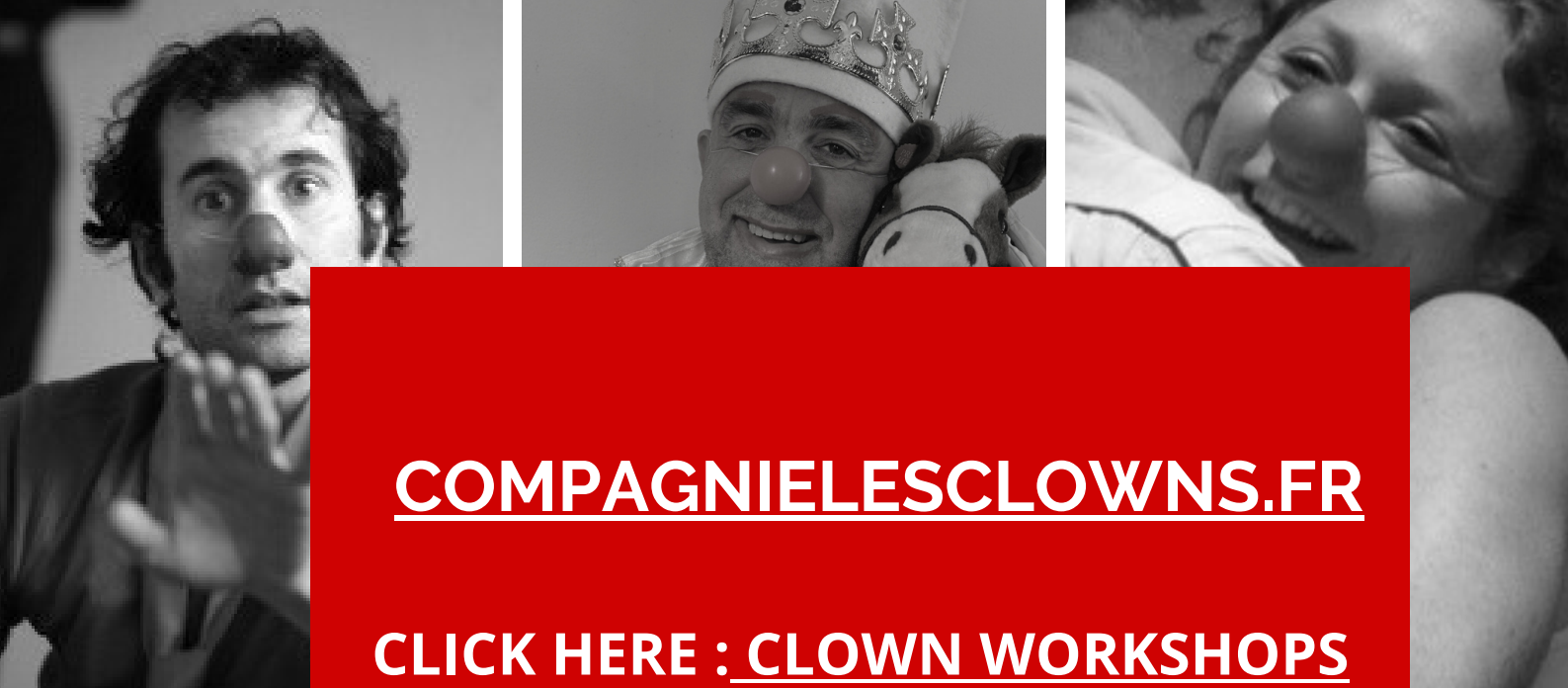
CLOWN AND IMPROVISATION TRAINING 2024



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 compagniesclowns@yahoo.fr

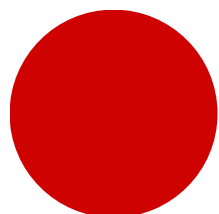
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FORMATION



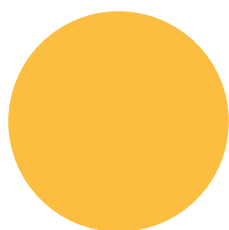
"The interactive, authentic and vulnerable clown"



"Clown creation, writing and creation"



"Artistic support and clown coaching"

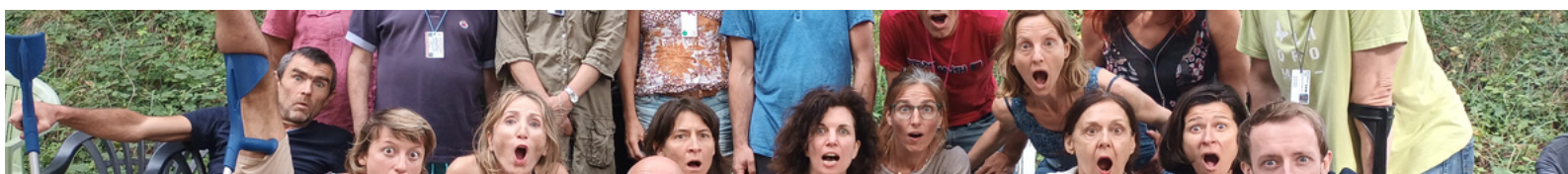


CLOWN SHOW AND INTERVENTIONS



compagnielesclowns@yahoo.com

+33 06 82 35 79 69



Compagnie les clowns.fr is the story of one man : Istvan Van Heuverzwyn.

“Compagnie Les Clowns” is a clown, storytelling and theatre company that likes to integrate the arts into its work, such as puppetry, live music, video, etc. It offers main performances and workshops.

I began working with actors, more specifically with comedy and clowning, when I began my theatrical studies in 1994. During a course run by Amir Hattab, the character of Emir, his clown, was born. In 1996, I became a professional actor until 2008, when I devoted 12 years to personal development and teaching. In 2020, I resumed classes with Fred Robbe and brought his character King Emir back to life.

As an actor I perform in theatre and film, and above all, I perform a number of clown acts, including El Numero, a clown tango, fashion show and L'incroyable aventure du roi Emir. I am also André Riot - Sarcey's assistant for Les 7 clowns sur un fil. I write plays such as La Voix Du Thé, an initiatory tale that has been performed in France and India. I've also been teaching clowning for 20 years, and in 2023 I will start touring my show : L'incroyable aventure du roi Emir.

I am also a certified coach and trainer and run a Qualiopi certified training organisation in communication and management at Régulation Émotionnelle. I continue with my path of connection with myself and with others, thanks to non-violent communication and emotional regulation.

Compagnie les clowns is administratively and fiscally supported by Théâtre Moderne (prof. license no.: PLATESV-R-2023-000113), directed by Istvan Van Heuverzwyn.





FOR WHOM?

Our training courses are aimed at clown schools, leisure centers, town halls, artistic, clowning or theatrical companies, as well as performing artists who want to develop the art of clowning, improvisation, comic acting or simply their stage presence.

Of course, the art of clowning also helps you to get to know yourself and others, to find the freedom...to be.

As we also use the philosophy and tools of Non-Violent Communication and Emotional Regulation, people involved in personal development and social commitment can also find their happiness.

Individuals, artists and especially those with previous clowning experience and/or an interest in Nonviolent Communication are welcome. Those with no previous knowledge can take part in a discovery workshop or a one-off course in Lille, Paris, Brussels or on request.

Participants don a red nose, allowing themselves to play with who they are, because that's what's going to touch the audience when they become clowns. Getting up on stage, facing yourself, others and difficulties, improvising as a poet, king, chair or even inventing a story from scratch - these are just some of the practical exercises that will make your experience unique during all our clown and improv workshops.

Educational approach

Touch spectators and fellow clowns with the humanity of the "clown being", his clumsiness, his expression of his emotional states and his body.

The actor-clown works on his presence, on listening. He plays with himself and his clown character through bodily expression to move, to make people laugh and to touch the hearts of others. The reassuring, caring environment allows you to let go and reveal yourself.

Comedian-clowns are invited to work on themselves, to accept their shortcomings and personalities without self-judgment, and to put them at the service of the play so that everyone can recognize themselves in it. It also means getting to know one's shadows and lights. It's a true encounter with oneself, beyond one's limits and with others.

In clown pedagogy, clowning rules are also taught to give the actor-clown a structure and a foundation on which to build his character, or even his act or show.

The work will focus on authenticity, vulnerability, interaction and the creation of one's own universe to make people believe in one's story and take the audience on a journey. Once the audience believes, the clown can travel wherever he likes, exaggerating as much as he likes to share his world and his universe.

It's so great to be able to explore the world of the clown and the relationship with others!

Discover it in a holistic program of self-discovery and physical fantasy.



Thanks to the theatrical clown, the ordinary becomes extraordinary, full of madness, surprises and fantasy.

INTENSIVE COURSE 1 "THE INTERACTIVE, AUTHENTIC AND VULNERABLE CLOWN"



Goals

- Expand your range of acting, creativity and communication tools to deepen your clowning and become the creator of your game, your story and your universe.
- Build, clarify and deepen your clown universe
- Nurture your clowning creativity, self-confidence and self-realization.
- Dare to express your vulnerability, be authentic and know how to create interaction
- Meet your clown and develop your clowning, your authenticity, share your clowning vulnerability and create interaction with the audience.

Program :

- Dare to be a clown and encounter the essence of clowning
- Training and connecting: clowning body, vocal and emotional trainings, explorations followed by improvisations.
- Defining the clown's objective, identifying obstacles and welcoming them
- Work on energy and **interaction**
- **Creating a clowning framework**
- Develop your desire, pleasure, conviction, pretexts and challenges to enter the scene
- Perfect your characters and clowning: voice, body, clothes
- Expand your palette and clowning tools
- **Dare to express yourself authentically and vulnerably**
- Develop your imagination and creativity
- Play with failure, innocence and limits
- Defining the clown's objective, identifying and accepting obstacles
- Relaxation session and/or assessment





Intensive course 2 "Creative clowning, writing and creation".

Do you have stage or clowning experience and would like to improve your ability to put together an act or show, your writing skills, your world?

Public: circus artists, dancers, actors, puppeteers, singers, etc. with a clowning or writing project, amateurs with clowning experience.

Specific program

- Defining the clown's objective, identifying obstacles and welcoming them
- Writing dramaturgy and writing an outline
- from improvisation to the creation of a show
- Construction and foundations of an act or show
- Deepening the basics of improvisation
- Use objects, costumes and space to support your writing
- Differentiate between the aims and objectives of the clown and the clown writer
- Writing text, emotional states, obstacles and intention
- Reworking successful improvisations while finding pleasure in them
- Writing for the body
- Creating your universe: costume, make-up, space, objects, music, body



Artistic accompaniment and clown coaching

Your objectives:

- Develop your identity and creativity as a performer
- assert one's personality and uniqueness on stage
- Integrate a committed presence in relation to the audience and other members of the group.
- Strengthen group energy and team cohesion
- Shape and stage your ideas
- Define your artistic vision and approach



3 choices of support

1. show creation - Outside view or stage direction

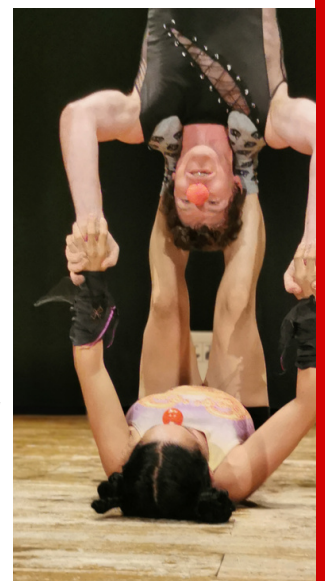
- Dramaturgical construction
- Clarify and perfect the creative process
- Define the reasons for the show
- Creating the show canva
- Putting it into action: from the idea to its incorporation into clowning
- Develop your clown writing method Identify sticking points and overcome them together

2. clown direction, clown coaching and acting and clown writing

- The sensitive, authentic and vulnerable actor
- Interacting with the audience
- Developing creativity
- Deepening character research
- From reflection to action
- Boost your clowning creativity and potential

3 Developing clowning and improv theater for personal development

- Find the freedom of clowning
- Create interaction with the audience
- Get emotionally involved and turn it into a strength
- Integrate the basics of clowning
- Speak with ease
- Gain confidence





CLOWN SHOW

The incredible adventure of King Emir

This is the story :

of a king who seeks his people, of a spirited horse, of a king distraught with loneliness, of a terrifying dragon, of a merciless battle, of a clumsy king, of an all-consuming grief, of a dance to life, of an overwhelming friendship, of a dangerous taste for power
an impulse for freedom, a king who finds his people...perhaps

A clown show based on a theatrical framework. First we wrote the story, then as we went along, the clown was brought to the fore. Little by little, accidents happen in the king's life, and these are highlighted to create a stronger link between the king and the audience. The king gradually comes to accept himself, with his flaws, his fears and his clumsiness, and who knows, maybe the audience does too...

This is also the tale of King Emir, who sets off in search of his people. Two themes are addressed: loneliness and power.

[For further information: click here spectacle-clown/](#)

[Presentation file: L'incroyable aventure du roi Emir show](#)



CONTACT VAN HEUVERZWYN ISTVAN
compagnielesclowns@yahoo.com
+33 6 82 35 79 69
compagnielesclowns.fr



"The art of the clown goes far beyond what we think. It is neither tragic nor comic; it is the comic mirror of tragedy and the tragic mirror of comedy."